

Kikinaw – Our Home

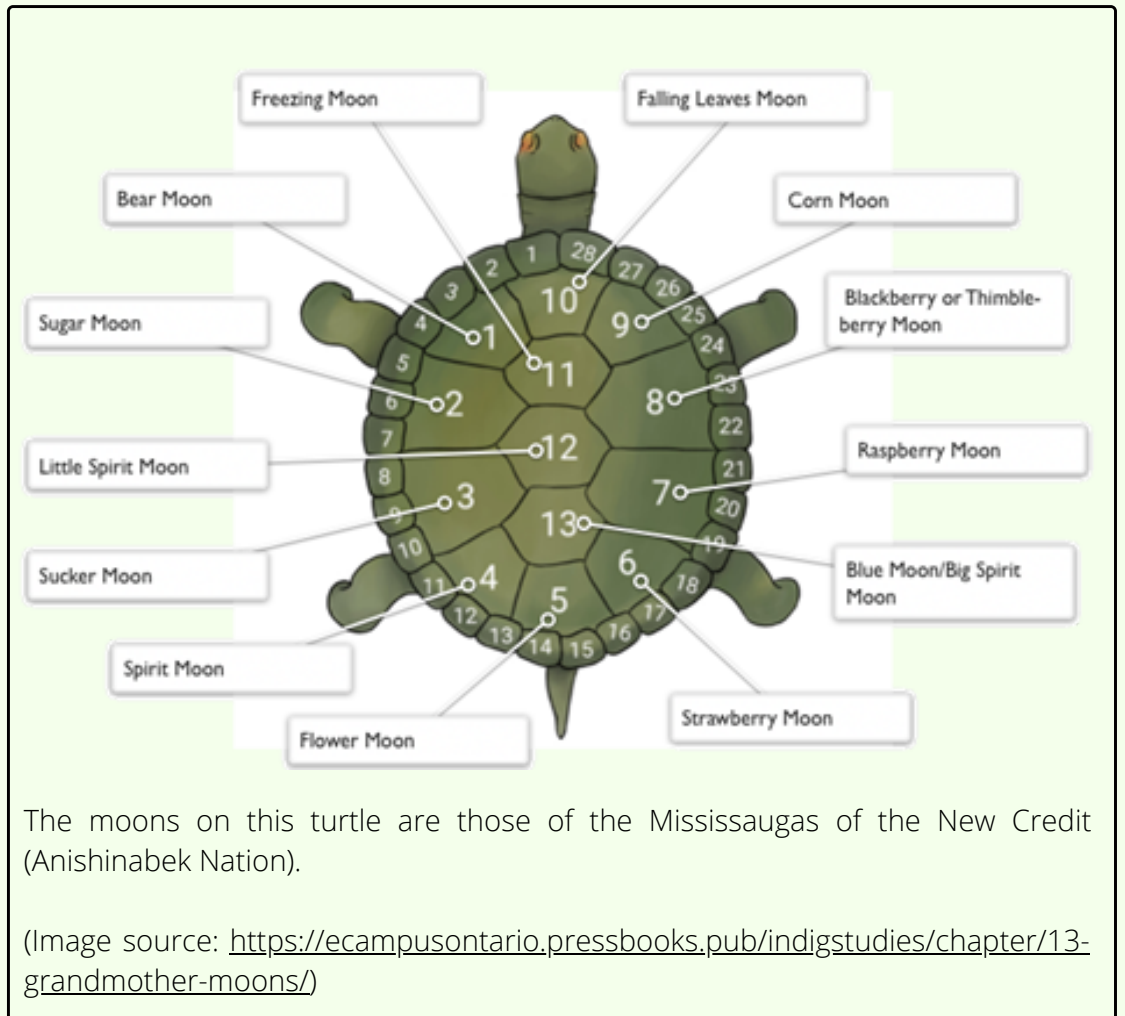
Exciting news towards equity and excellence

Recognition of the Moon in the Calendar

Compiled by Chris Froese

The cycles of the moon determine our yearly calendar. The changes that come with each passing moon indicate the times for planting, harvesting, hunting and gathering. In the Anishnawbe calendar the names of each month include the word 'moon' and reflect the close connection between cycles of the moon and plant and animal life on Turtle Island. (Source: <http://www.northernc.on.ca/indigenous/moontime/>)

Some of the upcoming moons are shared below. You will note that there are different names listed for the same moon. Moons are named according to the activity or natural phenomenon of that moon time. This means that different nations and geographic locations use different names for the same moon.



Full Moon	Language	Name, Meaning
March 18	Nêhiyawî (Cree)	migisupizum, eagle moon
	Anishnaabe (Ojibwe)	bebookwaadaagame-giizis(oog), snow crust moon
April 16	Nêhiyawî	kiskipizun, gray goose moon
	Anishnaabe	iskigamizige-giizis(oog), broken snowshoe moon
May 16	Nêhiyawî	aligipizun, frog moon
	Anishnaabe	waabigwani-giizis, blossom moon
June 14	Nêhiyawî	sagipukawipizun, moon leaves come out
	Anishnaabe	ode'imini-giizis, strawberry moon

Upcoming learning opportunities with Knowledge Keeper Mary Wilson

Webinar



**Spring
Equinox is on
March 20,
2022.**

Each month, Knowledge Keeper (Elder) Mary Wilson leads a webinar for SSCY staff and clients. Everyone is encouraged to attend in order to increase their understanding of Indigenous culture, develop their skills of cultural safety and reflect on allyship and anti-racism. Each webinar takes place over the lunch hour: come, eat, discuss and learn! Please contact SSCY reception if you need a link to these events, or click [here](#) for the meeting link.

Upcoming webinars

March 10, 12-1 PM
April 14, 12-1 PM
May 12, 12-1 PM
June 9, 12-1 PM

Full Moon Ceremony

Full moon ceremonies are a monthly time of strength when women and two spirit individuals gather outdoors to celebrate the feminine energy of grandmother moon in ceremony. If you are interested in learning more please [connect with Elder Mary](#).

Upcoming full moons

March 16
April 16
May 16
June 14

How we can honor Family Day

by Knowledge Keeper Mary Wilson

Put your feet on the floor and be thankful for a new day.

Start by taking advantage of our beautiful land in Canada, take a walk in a park, try to figure out what type of trees, birds or wildlife are in your neighborhood. Spend some time in nature, meditating and enjoying nature's natural healing ability. Feel rejuvenated while feeling that bit of peace, be sure to express or notice by simply a smile. Have gratitude for our Mother Earth, in our traditions this is what we do daily. If possible, practice, this will also give you positive ways of communicating with your brothers and sisters, friends and relatives and most of all children. Try to buy something indigenous or visit an indigenous store, there are beautiful wares, for example, books, scarves, soap, art and clothing. Explore cooking an indigenous dish for dinner, or experience something like tomahawk chips or spirit bear coffee. Read a children's book that is Indigenous-based or

something that is beautiful from our Mother Earth. Watch an incredible movie that has Indigenous cinema such as our local cinematographer Kevin Settee, The lake Winnipeg project. There are many movies from Indigenous people.

Across the ocean one of my favorites was Whale Rider. These are some of the things that we could explore together by communicating what we have done to honor the original people of this land.

Talk about a positive future where there is more respect between Indigenous families and ally families. We have much to share with all of you and systems.

The keyword in this is family. To all my relations...

Dr. Mary Wilson
Shaman/ Wisdom Keeper

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Exciting news towards equity and excellence

Louis Riel Day: February 21, 2022

Compiled by Michelle Klippenstein

Louis Riel Day is a provincial statutory holiday observed on the third Monday in February in Manitoba. Legislation proclaiming the third Monday in February as Louis Riel Day was passed by Manitoba's Legislative Assembly in 2007, and first celebrated on February 18th, 2008.



Louis Riel Day is a name that was suggested by Manitoba school students, in honour of Louis Riel, the political leader of the Métis people of the Canadian Prairies and regarded as the Father of Manitoba. He led two rebellions against the government of Canada and was executed after being convicted for high treason in November 1885.

Over a century later, Louis Riel is still remembered by Métis people as the leader who fought for their human rights and stood up to protect the French language and their lands. It is Riel's legacy that continues to attract Métis to remember the ideals and values that he died defending. For that reason, Métis across the homeland commemorate the anniversary of his death, as opposed to the day he was born. It is a day to celebrate the lasting culture and impact that Métis have had on Canadian society. It is a day to recount that Métis have long advocated democracy and freedom of expression for all Canadians.

Image Credit: Louis Riel (1844-1885 executed). By BiblioArchives / LibraryArchives is licensed under CC BY 2.0. To view a copy of this license, visit <https://creativecommons.org/licenses/by/2.0/?ref=openverse&atype=rich>

Sources: www.mnbc.ca, www.louisrielday.com



**RCC Jordan's Principle
Facebook Group**



For caregivers, Jordan's
Principle staff,
healthcare workers,
daycare staff, etc.

Check out shared resources,
tips, information AND MORE!

Scan the QR code
OR search "RCC
Jordan's Principle"



The Kikinaw Newsletter is put together by a small group from the Jordan's Principle / Truth and Reconciliation Advisory Committee. If you are interested in contributing to this publication, please email us at kikinaw@rccinc.ca.

We always welcome feedback, so please email us with any questions or concerns.

In each edition of Kikinaw, we share books, websites, videos, and information about organizations that are doing great things so that we can all keep learning and growing together.

Last edition, we shared a resource about Land Acknowledgements, which was followed by a Q&A session with Elder Mary Wilson. In the spirit of continuous learning, we are sharing two more resources that can help deepen understanding about Land, Territory Acknowledgements, Treaties, and more.

The first is native-land.ca. Native Land Digital is an Indigenous-led not for profit organization. Their mission is “to create and foster conversations about the history of colonialism, Indigenous ways of knowing, and settler-Indigenous relations, through educational resources such as our map and Territory Acknowledgement Guide”. You can search the Native Land maps directly on their website, or by using their mobile app. Enter an address, and the map displays the Territories, Languages, and/or Treaties of that area. Native Land Digital also has a curated list of resources related to Land Acknowledgements that can be found here: native-land.ca/resources/territory-acknowledgement.

Another excellent resource is Treaty Relations Commission of Manitoba (TRCM), <http://www.trcm.ca/>. The TRCM is “a neutral body, created through a partnership between the Assembly of Manitoba Chiefs (AMC) and Canada with a mandate to strengthen, rebuild and enhance the Treaty relationship and mutual respect between First Nations and Manitobans as envisaged by the Treaty Parties.” On the TRCM website you will find Manitoba Treaty Maps, including the Manitoba First Nation Education Resource Centre's Map: Traditional First Nation Community Names. The site also has detailed written information and a webinar series to help with learning and understanding about Treaties. There is information on TRCM research, partnerships, and more.

Compiled by Kristy Wittmeier

Jordan's Principle / Truth and Reconciliation Advisory Committee

The purpose of the Jordan's Principle / Truth and Reconciliation Advisory Committee is to ensure that RCC is providing culturally safe and culturally appropriate services with and for Indigenous clients and families and is facilitating the ongoing movement towards First Nations-led health services. The Committee was formed in 2018 and since then has spearheaded many initiatives across the SSCY Centre and beyond, including education, outreach and special events.

The Kikinaw Newsletter is the latest endeavour of the Committee, to inform SSCY staff, families and partners about all our activities. In this newsletter we share reflections from cultural activities around the SSCY Centre, let you know about upcoming events, and share quality and equity initiatives. In each edition we share reflections on teachings from our Elders and Knowledge Keepers in the previous season as well as resources that may be helpful in your work and personal lives.

Current Committee members:

Pam Becker, Jeanette Edwards, Chris Froese, Allison Hasselfield, Michelle Klippenstein, Diana Renaud, Maynan Robinson, Grandmother Helen Robinson-Settee, Cheryl Susinski, Knowledge Keeper Mary Wilson, Kristy Wittmeier