



REHABILITATION
CENTRE FOR
CHILDREN



Kikinaw – Our Home

Exciting news towards equity and excellence

Welcome

Welcome to the Summer/Fall 2023 edition of Kikinaw (pronounced kee-kee-now), the (almost) quarterly newsletter of the TRC / Jordan's Principle Advisory Committee (for more information about this committee, see p.3). In this newsletter we share reflections from cultural activities around the center, let you know about upcoming events, and share quality and equity initiatives. In each edition we share reflections on teachings from our Elders and Knowledge Keepers in the previous season as well as resources that may be helpful in your work and personal lives.

We would love your input on content for the newsletter. If you have ideas to share or a reflection to submit, please send to kikinaw@rccinc.ca.

Your input is needed!

The Jordan's Principle/ Truth and Reconciliation Advisory Committee has recently reviewed the TRC Calls to Action again to ensure we are addressing the relevant Calls to Action in an appropriate way.

We are in the process of updating our committees' objectives to work towards the Calls within the center and would like to hear from you too! Watch for opportunities to share how you work towards the Calls to Action in your daily work here and share where we could improve.

Visit this document ([TRC Calls to Action](#)) to add how you currently enact the Calls to Action at work and where we could do better as organizations within SSCY Centre.

Questions can be addressed to any member of the Jordan's Principle/TRC Committee (listed on page 3).

Learning with Elder Mary Wilson

Each month, Knowledge Keeper (Elder) Mary Wilson leads a webinar for SSCY staff and clients.



Over the fall, a four session Healing Series is being offered to explore Indigenous healing traditions. Dates and tentative topics are listed below. Click on the date for the Teams link.

- Healing Series [Nov 9](#): Sweat Lodges
- [Nov 23](#): Sharing Circles
- [Dec 7](#): Compassionate Care
- [Dec 14](#): Love & Kindness

We will return to our usual schedule in January 2024 (Second Thursday of each month at noon) Join [here](#) in the new year.

Full Moon Ceremony

Full moon ceremonies are a monthly time of strength when women and two spirit individuals gather outdoors to celebrate the feminine energy of grandmother moon in ceremony. If you are interested in learning more please [connect with Elder Mary](#).

- Upcoming full moons
- Nov 27, 2023: Beaver Moon
- Dec 26, 2023: Cold Moon
- Jan 25, 2024: Wolf moon

Kikinaw – Our Home

Exciting news towards equity and excellence

TRC Day 2023

The last few years I've spent Sept 30th with my children enjoying Creator's gifts on the land. But this year we decided to attend an event and went to a gathering at St. John's Park, sponsored by Anish Corporation, Manito Ahbee, and the 60s Scoop Legacy of Canada. It was a beautiful day filled with learning and healing. The event had begun days earlier with the rising of teepees and the lighting of a Sacred Fire and there was a peaceful sense of significance. There were teachings about the fire, and how dance and the beat of the drum heal. At one point we heard the story of the first horse, and throughout there was an eagle soaring above the park. I thought for sure it would move on quickly with so many people, but it circled for over 20 minutes. Afterwards I thought about it and the strength it's love had given to those gathered. There were so many survivors present and those separated from their culture. It was as though Creator sent Eagle to us to tell us that we were all covered in Love. It was a surreal spiritual experience. Miigwetch, Melanie Sheldon, physio



Kikinaw – Our Home

Exciting news towards equity and excellence

Upcoming Events at SSCY Centre

November 28/ 23 **Medicine Teaching: Tobacco Ties and Fallaway time**

Bring your lunch to the board room to learn about and make tobacco ties. Grandmother Mary Wilson will also share teachings about Fallaway time in preparation for Winter.

December 19 **Winter Solstice** teaching will be held in the upstairs meeting area at 11 am. National Indigenous Day and Summer Solstice. Stay tuned for onsite and community based events.

Weekly smudges will begin in December. Grandmother Mary will be offering smudging on Thursday mornings (around 8:15 am) to help staff begin the day in a good way. She will mentor staff to carry on this work in the new year.

Planning is underway for SSCY Centre staff and family **Sweat Lodges** during December. Stay tuned to your staff email for more information on how to sign up.

Full moon ceremonies occur monthly. See page one for dates and details.



Kikinaw – Our Home

Exciting news towards equity and excellence

Anti-Racism Training

Between March and October 2023, more than 100 staff members including RCC Leadership teams, clinical and support staff took Anti-Racism Training facilitated by Angie Phenix. Angie is a mother, Metis woman, scholar, educator and educational therapist. She has spent most of her career working in rural, remote, and often Northern regions of Canada, across both health and education. She is co-chair of both the Canadian Association of Occupational Therapists' (CAOT), Occupational Therapy and Indigenous Health Network (OTIHN), and the Truth and Reconciliation Commission's (TRC) Taskforce. Staff feedback was overwhelmingly positive with requests for follow-up discussions to support continued learning and clinical problem solving. A follow-up event is being planned for Spring 2024.

About the Truth and Reconciliation / Jordan's Principle Advisory Committee

The purpose of the Jordan's Principle / Truth and Reconciliation Advisory Committee is to ensure that RCC is providing culturally safe and culturally appropriate services with and for Indigenous clients and families and is facilitating the ongoing movement towards First Nations led health services. The Committee was formed in 2018 and since then has led many initiatives across the SSCY Centre and beyond, including education, outreach and special events. The Kikinaw newsletter is our latest endeavour, to inform our staff, families and partners about all our activities.

Current Committee members:

Grandmother Helen Robinson-Settee (chair), Knowledge Keeper, Grandmother Mary Wilson, Pam Becker, Barb Borton, Jeanette Edwards, Chris Froese, Michelle Klippenstein, Diana Renaud, Cheryl Susinski, Kristy Wittmeier, Krista Buchanan, Melanie Sheldon, Collette Wilson, Nicole Leclair, Rowelie Cantalejo

Kikinaw – Our Home

Exciting news towards equity and excellence

Sundance 2023

Sundance's are found all over the world, from New Zealand to North America, worldwide you will find the Sundance. Sundance is a Ceremony where people come together to heal and bring renewal to the people to all people of the land.

We all walk this land together it is a prayer for life and honouring life in the future generations. - shared by Grandmother Mary

The photos here are from Grandmother Mary and other staff who attended Sundances at Spruce Woods in June and York Landing in August



Kikinaw – Our Home

Exciting news towards equity and excellence



Dream Catcher

Yvonne Bernier facilitated the creation of a dream catcher, with Jordan's Principle staff, to be hung at SSCY Center. Look for it to be hung, along with related teachings in the main entrance area at SSCY very soon.

