

2019 LIFE Teen & Young Adult Summer Day Camps Ages 12-20

(limited spots for younger campers with complex physical care needs)

Who is eligible to attend?

- Campers aged 12 – 20 (birthday between 1999 and 2007) with special needs including cognitive, developmental, and/or physical issues
- Children 8 - 11 with complex physical care needs such as:
 - GT feeds
 - Ventilator dependent
 - Medical issues requiring a specialized environment

We are excited to offer **five** unique summer camps this year! All of our camps are:

- Open to **both ambulatory participants and wheelchair users**
- Offer a **1:1 buddy system** as well as support from therapists (physio, OT, and recreation therapy)

Details about each camp can be found below:

REGISTRATION DEADLINE

March 22nd, 2019

Sun and Fun - Swim and Music Camps:

- Based out of St. John's High School (401 Church Ave)
- The predictability of each day makes these camps a great fit for youth who do best with consistency and routine
- Non swim / music time is tailored for each camper and can include quiet time as needed
- Activities include biking, bowling, music therapy, yoga, crafts, and games

Sun and Fun Music Camp

July 15 – 19

Aug 6 – 9 (4 days) (at SSCY)

- Campers spend a portion of the morning in music therapy, and spend the rest of the day doing fun camp activities!

Sun and Fun Swim Camp

July 2 – 5 (4 days)

July 8 – 12

July 22 – 26

July 29 – Aug 2

August 6 – 9 (4 days)

- Daily morning swim time at Sargeant Tommy Prince Place (90 Sinclair street)
- Campers are dropped off at Tommy Prince and picked up at St. John's High School

This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at www.crf.mb.ca

Specialty Camps:

- We are pleased to offer a variety of specialty camps that can provide campers with new experiences in their community!

Out and About Camp

July 8 – 12

July 15 – 19

July 22 – 26

- Campers are provided with the opportunity to explore the city of Winnipeg with friends
- Campers are dropped off and picked up at a different location each day (locations will be given to parents ahead of time)
- Examples of locations include the Assiniboine Park Zoo, Fort Whyte Alive, Kildonan Park, the Fringe Festival, the Forks, museums, and fun activities such as mini-golf, archery, and bowling
- Designed for youth who are comfortable in a dynamic environment with lots of new things to discover!

Art Camp

July 29 – Aug 2

- Based out of the SSCY Centre
- This camp provides artsy participants with an opportunity to explore their creative side all week!
- In the morning, campers will participate in engaging art workshops
- After lunch, participants will spend the afternoon doing a variety of activities including gardening, cooking, crafts, and games
- Designed for youth who are interested in art!

Chef/Gardener Camp

August 12 – 16

- Based out of the SSCY Centre
- Get your hands dirty discovering the delights of gardening, then get cleaned up and find interesting ways to put your garden produce to use!
- Designed for youth who are comfortable in a dynamic environment

This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at www.crf.mb.ca



Specialized Services
for Children & Youth
Together Is Better

Rehabilitation Centre for Children
1155 Notre Dame Avenue
Winnipeg, MB, Canada R3E 3G1
Tel: (204) 452-4311 Fax: (204) 477-5547
Web: www.rccinc.ca email: info@rccinc.ca



REHABILITATION
CENTRE FOR
CHILDREN

Our camps are designed for youth **aged 12 to 20** with special needs. There are a limited number of spaces for campers aged 8 – 11 with complex physical care needs (eg. GT fed, on oxygen, ventilator-dependent).

Each camper is paired up with a buddy hired by the Rehab Centre for Children. Buddies engage the camper in fun recreational activities and help to foster relationships between campers, as well as addressing the camper's personal care needs. Buddies help to facilitate activities and ensure that they are modified for each camper's level of ability. Supervision is provided by rehabilitation professionals (physiotherapists, occupational therapists, and recreation therapists).

Camper buddies are funded by supporting agencies such as CDS and CFS. **Please discuss your plan to attend camp with your worker before submitting a registration form.** Parents pay the registration fee. Funding for all other camp costs is provided by the Children's Rehabilitation Foundation and their donors.

Registration fees are **\$130 per week** (\$104 for short weeks: July 2 – 5 and August 6 – 9). Campers can attend a **maximum of two weeks**. Families are required to provide us with their top four choices of weeks; we try our best to ensure that families receive two of their top four weeks.

Questions? Please contact:

- Carol Kehler: 204-258-6537, ckehler@rccinc.ca
- Maya Kirstein: 204-258-6538, mkirstein@rccinc.ca

Registration deadline is March 22nd, 2018

FAQ:

Q: My child uses a wheelchair. Which camps can he/she attend?

A: All of our camps can be attended by both ambulatory participants and wheelchair users!

Q: Can my eight-year-old come to your camp?

A: We have a limited number of spots for youth aged 8 to 11 who have complex physical care needs. Many children under the age of 12 can attend community camps (eg. Y Camp) with a 1:1 worker.

Q: My child thrives on consistency and routine. Which camp would be best?

A: The Sun and Fun Swim and Music Camps are both based on a predictable routine. Free time is tailored to meet individual needs and can include down time as needed. Our Art Camp is also based on a consistent morning start with a more dynamic afternoon.

This program is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at www.crf.mb.ca



Therapeutic Recreation
and Wellness Program