The Rehabilitation Centre for Children (RCC) in Winnipeg is a community-based health centre that has many programs and services available for children and youth with Cerebral Palsy, including Assistive Technology Clinic, Child Development Clinic, Feeding Clinic, Neonatal Follow-Up Program, Orthopedic Clinic, Orthotics, Recreational Programming, Spasticity Clinic, Specialized Communication Resources for Children, Spine Clinic, and Therapy Services (Occupational Therapy, Physiotherapy, and Speech Language Pathology).

We did a research project to find out how many children and youth with CP receive services from RCC, where they live, and their Gross Motor Function Classification System (GMFCS) level.

What is the GMFCS?

- It was created at CanChild in Hamilton, Ontario
- It describes gross motor skills (like walking) using 5 levels
- It gives clinicians and families information about what a child can do, and what types of equipment or mobility aids a child may use in the future.

Why is this information important?

- We are working with our therapists and clinicians to make sure every family knows their child’s GMFCS level
  - Knowing this helps families plan for the future, for example, by knowing what types of equipment their child may need later in life
- We can better plan what services to offer families if we know how many children and youth use our different programs and where they live
  - For example, to offer services outsides of Winnipeg
- Knowing how many children and youth with CP we see and what services and equipment they use will help us plan future research projects

Where do our children and youth with CP live?

Out of every 9 children and youth with CP, how many have each GMFCS level?

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<thead>
<tr>
<th>GMFCS 1</th>
<th>GMFCS 2</th>
<th>GMFCS 3</th>
<th>GMFCS 4</th>
<th>GMFCS 5</th>
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<tr>
<td>3 have</td>
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<td>GMFCS 1</td>
<td>GMFCS 2</td>
<td>GMFCS 3</td>
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<td>GMFCS 5</td>
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This project was conducted at the Rehabilitation Centre for Children in SSCY Centre, and was funded by the Cerebral Palsy Association of Manitoba (CPAM). If you would like more information about this project, please contact the RCC Research Coordinator Jessie, at (204) 258-6717 or jshea@rccinc.ca. If you would like more information about CPAM and their services, please contact their Executive Director David, at (204) 982-4842 or davidk@cerebralpalsy.mb.ca.