# **CLEANING & CARE**

Silicone Glove & Liner

### Do

- Clean glove and liner with mild soap and warm water
- Clean dirt, ink, etc. as quickly as possible to prevent stains
- Dry glove and liner with a lint free cloth, or allow to air dry
- Contact RCC as soon as possible if the glove or liner tears

### Don't

- Use oil or alcohol based products or harsh chemicals on the glove
- Leave prosthesis or liner in direct sunlight
- Expose prosthesis or liner to excessive heat

#### Lock

If sand or dirt gets into the lock, or if the device is submerged in salty or chlorinated water, the lock should be rinsed out to avoid debris clogging the lock function.

The lock can simply be rinsed out with warm water. Prop the device up upside down to allow water to run out of the device, and to air dry it.

# PASSIVE UPPER EXTREMITY PROSTHESIS USE & CARE GUIDE





### PUTTING ON THE LINER

Turn the liner inside out (sticky side out) and check the liner for debris. Putting the liner on with dust/dirt stuck to it can cause skin irritation.







Put the end of the liner against the end of the arm (sticky side against skin), and roll the liner up. Try to avoid pulling the liner up, as this can cause air to get trapped in the liner, which can also cause irritation and damage to the skin.







The pin should be in a straight line with the arm when looking at it from the front and from the side. If it is not, roll the liner back down and adjust the positioning.





## PUTTING ON THE PROSTHESIS

Push the prosthesis onto the arm so that it is straight in line with the pin.

When the pin engages with the lock, you should hear a series of clicking noises.

Lightly tug on the device to ensure it is secured to the limb.



# TAKING OFF THE PROSTHESIS

To take the prosthesis off, push the release button and pull it straight off the arm.

If it is pulled off at an angle, the pin may stick in the lock. If this happens, push the device all the way back on and try again.



To remove the liner, simply roll it back down the arm.

## USING THE PROSTHESIS

The fingers of the prosthetic hand have metal wiring or hinges inside them that allows them to be positioned slightly to hold certain objects (small toy, pages of a book, etc.).

To change the position of the fingers, hold onto them, and curl them towards the palm of the hand.

It is important that the fingers are only bent towards the palm, and not backwards (past straight), as this may cause them to break.





The prosthetic hand can also be positioned at the wrist by holding the hand and turning. Be careful not to force the hand to turn more than the glove will allow.

The finger nails of the glove can be painted. Be sure to use an acetone free nail polish remover when taking the nail polish off. It is recommended to remove nail polish every night to prevent staining.