

2025 LIFE Sun & Fun Summer Camp - Info Package

In this package, you will find:

- Camp information (3 pages)
- Camp selection [form](#) (2 pages)
- Participant demographics [form](#) (3 pages)
- Photo consent [form](#) (1 page)
- Our Favourite Words [profile](#) (1 page)

REGISTRATION DEADLINE
March 14th, 2025

Who is eligible to attend?

- The majority of our camp programming is for campers aged 12 – 20 (birthday between 2005 and 2013) with physical and/or developmental disabilities.
- For ages 7-11: We offer 1 week of half-day camp for ages 7-11 (birthday between 2014 and 2018) called Snapshot. This camp is designed for children who haven't had access to the supports they need to be successful at community-based camps, and require a more flexible environment to flourish. *Acceptance into this camp is conditional on follow-up discussion, and acceptance last year does not guarantee acceptance this year.*

What support is provided?

Each camper is paired up with a recreation support worker hired and trained by the Rehabilitation Centre for Children, called a 'camp buddy'. Buddies support their camper's engagement in fun recreational activities and help to foster relationships between campers, as well as addressing the camper's personal care needs. Buddies help to facilitate activities and ensure they are modified to support each camper's successful engagement. Camp supervision is provided by rehabilitation professionals (physiotherapists, occupational therapists, and recreation therapists).

What is the cost?

The registration fee is **\$140** per camp week (half-day Snapshot camp costs \$70). This fee is the responsibility of the family. Please contact us if this fee is a barrier to your participation.

The cost of camper buddies is separate from the registration fee, and is typically funded by your supporting agency such as Children's disAbility Services (CdS), Community Living disAbility Services (CLdS), and/or Child and Family Services (CFS).

Please discuss your plan to attend camp with your community services worker before submitting a registration form to ensure this funding is in place for your child. This funding is required to attend our summer camp. Families may also choose to pay for the 1:1 camp buddy out of pocket.

How do I register my child?

Depending on the number of applicants we receive, we will do our best to ensure that all families receive one week of camp programming. Families may request a second week, and we will try to accommodate as space allows. Families are required to provide us with several choices of weeks; we try our best to ensure that families receive their preferences.

Registration deadline: March 14th, 2025. All applications received by the deadline will be considered.

We require all forms signed and returned to register your child for camp. Please return your completed camp package via fax, mail, or drop-off to:

LIFE Program
1155 Notre Dame Avenue
Winnipeg, MB
R3E 3G1
Fax: (204) 477-5547

Questions? Please contact:
LIFE Program – Hailey Perchotte
(204) 258-6538
lifeprogram@rccinc.ca

Camp descriptions:

Please review the descriptions on the next page to learn more about each camp. All our camps are:

- Open to **participants with and without mobility aids**
- **4-day weeks** (Tuesday – Friday)

	July 8-11	July 15-18	July 22-25	July 29- Aug 1	Aug 5-8	Aug 12-15	Aug 19-22
St. John’s High School	<i>Swim</i>	<i>Swim</i>	<i>Swim</i>	<i>Snapshot (ages 7-11) Half days</i>	<i>Swim</i>	<i>Active</i>	
Fort Garry Mennonite Fellowship		<i>Art</i>	<i>Music</i>	<i>Chef</i>	<i>Music</i>	<i>Adventure</i>	
Selkirk – Christ Church							<i>Selkirk</i>

Addresses:

- St. John’s High School – 401 Church Ave
- Fort Garry Mennonite Fellowship – 150 Bayridge Ave
- Selkirk – Christ Church, 227 McLean Avenue, Selkirk MB

Please note all camp weeks and locations are subject to change. Facilities often do not confirm our space rental requests until May, therefore we have to proceed with planning without location confirmations.

We’ll do our best to maintain the above schedule, but will keep you informed if changes occur.

Each of our camps follows a predictable schedule that is provided to families ahead of time. Campers and their buddies are always invited to modify the schedule to best suit the campers' needs, with the support of the supervising therapists. Scheduled camp activities such as swimming, yoga, music, art, Zumba, and archery are interspersed among unscheduled camp activities which include biking, crafts, board games, sports, tie dye, group games, and our signature Friday afternoon water fight!

Drop off is between 9:00-9:30 and pick up is between 3:00-3:30 daily.

Swim Camp: Campers are dropped off each day at Sargent Tommy Prince Place (90 Sinclair St) for a morning swim in their accessible pool, then head back to our home base for an afternoon of fun.

Music Camp: Campers spend part of the morning in music therapy and spend the rest of the day enjoying other fun activities.

Art Camp: Campers work with an art facilitator each morning to create unique art project(s). Afternoons are spent engaging in fun camp activities.

Chef Camp: This camp focuses on stepping out of your comfort zone in the kitchen! Campers will prepare unique recipes each day while practicing food handling and kitchen safety skills. New and interesting ingredients are incorporated to create opportunities for tasting adventures.

Active Camp: This camp will feature different physical activity opportunities each day such as swimming, Zumba, yoga, archery, bowling, and Boccia, as well as active group games, biking, and park visits to keep campers moving all day.

Selkirk Camp: This is a community-based camp in the Selkirk area. Using Christ Church as our home base, we will enjoy daily outings including Oak Hammock Marsh and a day trip to Bird's Hill!

NEW: Adventure Camp: This is the camp for youth who want a high-paced camp experience! Using Fort Garry Mennonite Fellowship as our home base, this camp will enjoy daily outings to fun community sites such as Stable Connections horse experience, FortWhyte Alive, bowling, and more! (exact activities TBD)

UPDATED: Snapshot Camp (for ages 7-11): This camp is designed for children ages 7-11 who haven't had access to the supports they need to be successful at community-based camps, and require a more flexible environment to flourish. Snapshot will include a variety of camp activities, providing campers with a 'snapshot' of what Sun & Fun camp is like! **Please note this camp is half-days (select preference for morning 9:00-12:00 or afternoon 12:30-3:30 on the Camp Selection Form).**

Acceptance into this camp is conditional on follow-up discussion, and acceptance last year does not guarantee acceptance this year.

2025 LIFE Sun & Fun Camp – Camp Selection Form

Due date: March 14th, 2025

Camper name: _____

Parent/guardian(s) name: _____

For Office Use Only

Received on: _____

Payment received: _____

Registration fee:

- A cheque for \$140/week is enclosed (payable to RCC)
 I will pay by credit card once my registration has been processed

I am applying for:

- 1 week (2 selections required) 2 weeks (4 selections required)

*Depending on the number of applicants we receive, we will do our best to ensure that all families receive **one week** of camp programming. Families may **request a second week**, and we will try to accommodate as space allows.*

Please **NUMBER** your selections in order of preference.

We cannot guarantee we'll be able to offer all campers the number of weeks requested.

Dates (no camp on Mondays)	Camps Available Ages 7-11 are ONLY eligible for Snapshot	
July 8 – 11	____ Swim Camp 401 Church Ave	
July 15 – 18	____ Swim Camp 401 Church Ave	____ Art Camp 150 Bayridge Ave
July 22 – 25	____ Swim Camp 401 Church Ave	____ Music Camp 150 Bayridge Ave
July 29 – Aug 1	Snapshot (ages 7-11) 401 Church Ave ____ 9:00-12:00 ____ 12:30-3:30	____ Chef Camp 150 Bayridge Ave
Aug 5 – 8	____ Swim Camp 401 Church Ave	____ Music Camp 150 Bayridge Ave
August 12 – 15	____ Active Camp 401 Church Ave	____ Adventure Camp 150 Bayridge Ave
August 19 – 22	____ Selkirk Camp 227 McLean Ave Selkirk MB	

Please note all camp weeks and locations are subject to change. Facilities often do not confirm our space rental requests until May, therefore we have to proceed with planning without location confirmations. We'll do our best to maintain the above schedule but will keep you informed if changes occur.

Swimming:Can your child swim in deep water without flotation? Yes No

What type of flotation device does your child use:

-
- None
-
- Noodle
-
- Flutter board
-
-
- Regular life jacket
-
- Specialized life jacket or flotation device

Details: _____

Biking:Does your child bike at home or at school? Yes NoCan they follow road safety (such as stopping at stop sign)? Yes No With prompts

What type of bike do they currently use?

-
- Two-wheeler
-
- Upright trike
-
- Recumbent trike
-
-
- Specialized bike (eg Freedom Concepts, Trivel)

Name of bike/description (if known):
_____**T-Shirt Size:** Youth small Youth medium Youth large Adult small
 Adult medium Adult large Adult XL Adult XXL Adult XXXL**School and Other Supports:**

What school does the camper attend? _____

Contact info for a trusted adult at your child's school who can provide us with information about how your child navigates the school environment (ex. resource teacher, OT, PT, etc):

Name: _____ Position: _____ Phone #: _____

_____**(initial here)**: I understand that I need to contact my child's support agency (CdS, CLdS, or CFS) regarding this application, and that if the support agency is not able to provide funding for the 1:1 camp buddy, my child may not be eligible to attend this camp.

By signing this form, I authorize camp staff to contact people named on this form. I grant permission for my child to participate in all camp activities. I grant permission for my child to be transported by taxi or bus to camp outings. I grant permission for camp staff to seek appropriate medical attention (including transfer to hospital) and release relevant medical and/or personal information of my child (such as diagnosis, summary of incident, present medication) to emergency medical staff in the event of sudden ill health or injury. I understand that the LIFE Program is not responsible for reimbursement related to damages to personal property that occur at camp programming, and valuable personal items will not be sent to camp if possible.

Parent/Guardian Signature: _____ **Date:** _____

LIFE Program – Participant Demographics Form

Participant name: _____ Date of birth: _____
6-digit MC Health #: _____ Age: _____
9-digit PHIN #: _____ Select: Legal guardians Foster parents
Parent/guardian names: _____
Mailing address: _____ Postal code: _____
Home phone: _____ Cell phone: _____
Work phone: _____ Email address: _____

Legal guardian - name, phone #, email, and fax # (if different from above):

Emergency contact(s) - name, relationship, phone # (if different from above):

Persons authorized to pick up participant - name, relationship, phone # (if different from above):

Supporting agency information

Children's disAbility Services (CdS) Community Living disAbility Services (CLdS) Child and Family Services (CFS)

Worker name: _____ Phone #: _____
Email address: _____ Fax #: _____
Office mailing address: _____

Does your child use alternative/augmented communication (AAC)? Yes No

Device type: _____

Will they bring their device to programs? Yes No

How best can we support use of the communication device while at programs?

Health and medical information

Diagnosis: _____

Mobility (check all that apply):

- Walks independently Manual wheelchair - self propel: Yes No
 Crutches Power wheelchair Walker
 Stroller/wheelchair for distances only

Additional details: _____

Transfers (if applicable):

- Mechanical lift Two-person lift Weight-bearing – pivot transfer

Most recent weight: _____

Additional details: _____

Toileting (check all that apply):

- Independent Uses disposable undergarments Toileting sling to toilet
 Needs assistance with wiping Uses change table

Additional details: _____

Eating and feeding (check all that apply):

- Feeds self Needs assistance
 Eats orally Uses gastronomy tube

Additional details: _____

Allergies/food sensitivities: Yes No

List allergies: _____

Epi Pen?: Yes NoSeizure disorder: Yes No

Type of seizures: _____

Known triggers: _____

Rescue medication, location, and dosage: _____

How long after seizure activity starts until rescue meds are administered: _____

Additional details: _____

Medications administered during camp time? Yes No

Medication prescription(s), dosage(s), and time(s): _____

Details for administration (e.g: Does it need to be refrigerated? Does it need to be taken with food?

Does it need to be crushed up and added to pudding or yogurt? etc):



CONSENT FOR PHOTOGRAPHS/VIDEOTAPING

Date: _____

As the parent or legal guardian of (Client's name) _____, I hereby authorize the Rehabilitation Centre for Children Inc. to take photographs and/or videos of him/her for the following purposes:

YES _____ NO _____ 1. Having photographs taken for the purpose of: promotion, fundraising, awareness, and education related to the LIFE Program

YES _____ NO _____ 2. Having video taken for the purpose of: promotion, fundraising, awareness, and education related to the LIFE Program

YES _____ NO _____ 3. Releasing photographs/video and information relating to the photos/video to: Rehabilitation Centre for Children and Children's Rehabilitation Foundation websites, television, print materials, advertisements, staff and volunteers, other clients, potential donors, media representatives, and the general public

YES _____ NO _____ 4. Publishing photographs/video and the following information to Social Media (Facebook, Twitter, Instagram, YouTube): _____

YES _____ NO _____ 5. Releasing the following information: first name only

Comments/Restrictions:

I hereby waive any and all claims and complaints that I might have against the Rehabilitation Centre for Children Inc., its employees and agents and the photographer/videographer in any manner whatsoever relating to the said photographs and/or videos.

Witness

Name & Signature of Parent or Legal Guardian

OUR FAVOURITE WORDS

Hi! My name is

Please consider completing this profile with your camper so we can get to know them better!

See next page for examples

FAMILY



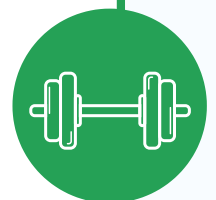
FUN



FUNCTION



FITNESS



FRIENDS



FUTURE



<https://www.canchild.ca/f-words>

Rosenbaum, P., & Gorter, J. W. (2012). The 'F-words' in childhood disability: I swear this is how we should think!. *Child: care, health and development*, 38(4), 457-463.



OUR FAVOURITE WORDS

FAMILY



You know me best and I trust you. Listen to them, talk to them, hear them respect them



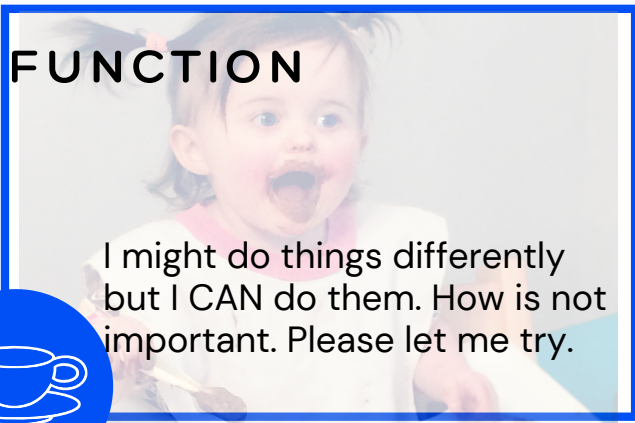
Childhood is about FUN and PLAY. This is how I learn and grow. Please help me to do the activities that I find the most fun



FUN



FUNCTION



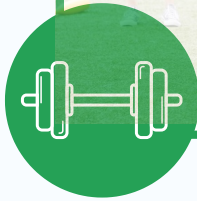
I might do things differently but I CAN do them. How is not important. Please let me try.



FITNESS



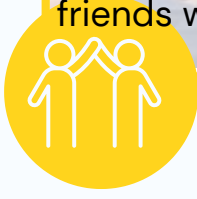
Everyone needs to stay fit and healthy, including me. Help me to find ways to keep fit.



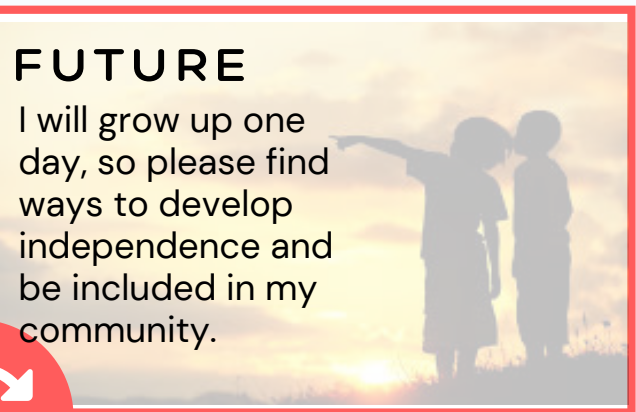
FRIENDS



Having childhood friends is important. Please give me opportunities to make friends with my peers



FUTURE



I will grow up one day, so please find ways to develop independence and be included in my community.



<https://www.canchild.ca/f-words>

Rosenbaum, P., & Gorter, J. W. (2012). The 'F-words' in childhood disability: I swear this is how we should think!. Child: care, health and development, 38(4), 457-463.

