

THE RELATE PROGRAM

PRESCHOOL AND SCHOOL-AGE • ACROSS MANITOBA

The Relate Program provides education and consultation to caregivers (parents and/or guardians) and the greater Manitoba community for supporting Autistic children and those with other neurodevelopmental differences promoting strength-based perspectives. Caregivers learn to use brain-based supports and strategies to use to guide the child's social-cognitive learning related to communication, forming relationships, flexible thinking, attention, and emotional co-regulation. We discuss brain differences to build on your child's strengths. We are here to help caregivers who are seeking support connecting with their child using a developmentally appropriate, trauma-informed, and attachment-based approach. Caregivers will learn how to enhance every day interactions to support social learning development.

The Relate Program for caregivers starts with a 5-week group course (2-hour weekly sessions).

Each week a new core topic is presented and taught through video review. Discussion is encouraged and optional weekly assignments are provided.

This series is available at no cost to families.

The live online sessions are offered multiple times a year through Zoom Healthcare (not recorded).

Relate Program Clinician: Kally-Anna Clinton is a Registered Speech-Language Pathologist and Relationship Development Intervention® Consultant who specializes in family-centered care for social-cognitive communication development. She runs the 5-week course and is available to help parents apply the strategies they learn about. In addition to working directly with caregivers, Kally-Anna regularly provides workshops for the community to support child care settings or school teams upon request.

For Parents/Guardians:

Step 1: Families self-refer to the Relate Program waitlist

Step 2: Family is contacted to register for the 5-week course when a spot becomes available.

Step 3: Zoom Healthcare link and handouts emailed each week of the 5-week course. **Individual follow-up options are discussed (available once course has been completed).*



Are you parenting a neurodiverse child and want help with connection and communication?

Are you interested in ways to improve relationships, flexible thinking, and transitions?

Are you looking for hands-on guidance to help you feel more in-sync with your child?

To register your family for the Relate Program or for community workshop inquiries, contact:

(204) 258-6500

relate@rccinc.ca

SCAN FOR LINK TO WEBSITE:



<https://rccinc.ca/programs-and-services/relate-program/>