

## REHABILITATION CENTRE FOR CHILDREN (RCC) SCHOOL THERAPY SERVICES

RCC supports children and families in discovering their potential with a focus on equity, diversity, inclusion, and belonging through excellence in innovative clinical services, assistive technologies, education, and research. We authentically engage with children, youth, families, and First Nations, Inuit, Métis, Newcomers, and other partners across Manitoba and beyond, with a focus on equity, diversity, inclusion and belonging. Please visit [www.rccinc.ca](http://www.rccinc.ca) for more information.

### OCCUPATIONAL THERAPY & PHYSIOTHERAPY Consultative Collaborative Service Model

RCC provides Occupational Therapy (OT) and Physiotherapy (PT) services to school divisions across the province. Services offered through RCC will depend on the division. Services are provided at the school and may be delivered either in person or virtually, depending on the needs and preferences of the school. Therapists work collaboratively with school teams to identify and prioritize levels of support for the school and students. The goal is to ensure ALL students can meaningfully participate in their school community. Levels of support are as follows:

- 1) **Tier 1 (For all):** School community and whole classroom support - Proactive support is provided to students and/or staff based on school community and classroom needs including education opportunities, classroom approaches and modifying the environment.
- 2) **Tier 2 (For some):** Small group interventions tailored to specific academic, physical, or functional identified needs and goals including fine motor or gross motor groups. Families will be informed of the group prior to and will have the option for their child to participate.
- 3) **Tier 3 (For One):** Individualized student support - Students who require individualized support **will be referred to OT/PT services with caregiver's consent.**

### INDIVIDUALIZED STUDENT (TIER 3) SUPPORTS

#### Occupation Therapists (OT) in schools help with:

- ✓ Fine motor skills (small movements of the hands)
- ✓ Sensory processing
- ✓ Regulation (ability to safely navigate stressful situations/emotions for meaningful participation)
- ✓ Accessibility of the environment
- ✓ Self-care (toileting, feeding, dressing)
- ✓ Transfer training
- ✓ Adaptive equipment

#### Physiotherapists (PT) in schools help with:

- ✓ Gross motor skills (big body movements)
- ✓ Mobility (ability to move in and around the school, including in gym and on the playground)
- ✓ Recreation & leisure
- ✓ Transfer training
- ✓ Adaptive equipment



## **REFERRAL PROCESS FOR INDIVIDUALIZED SERVICES**

1. Families can connect with school teams to discuss OT and PT support.
2. School teams will connect with school OT and/or PT to discuss student needs and goals.
3. If appropriate, school teams will complete the *School Therapy Referral Form* and discuss and review referral package with caregiver/s and obtain consent.
4. Referral and consent form can be faxed to *School Therapy Services* at 204-258-6795.
5. Once referral is received, therapist will initiate contact with school and family.

## **WHAT TO EXPECT FROM INDIVIDUALIZED SERVICES**

- Therapists work collaboratively to identify goals and provide consultative plans for school teams to carry out. Therapists will provide assessment, education, training, and recommendations based on evidence and best practices. School teams to carry out recommendations and provide feedback on student progress. Plans are adapted accordingly.
- Caregiver/s will be aware of therapists' visits and plan. When recommendations are made, both family and school will be provided with written documentation.
- Therapists are assigned to a number of schools. How often therapists visit the school depends on the priorities identified by the school team. We also value input from caregivers.
- When goals are met, and no current concerns are identified, the student will be closed to individualized services. Therapy support will continue to be available at the school to support classroom and group interventions.
- If needs or goals arise, individualized services can be reinstated at any time.
- Families and school teams will be provided with the assigned therapists' contact information and are encouraged to reach out with any questions, concerns, or to discuss the student's progress.

**RCC is committed to client safety and excellent care for all.** If you have a question, concern, compliment, or suggestion we encourage you to talk to your therapist. You may also contact **School Therapy Services at 204-258-6721**. We value your input and want to hear from you.